

www.ktcc.org.uk 020 7482 3212

Kentish Town Community Centre (KTCC) is an innovative & creative place which provides space and services to local people, backed by a commitment to understanding the needs of our community; those who live, learn, work or socialise in Kentish Town.

#### Looking back to 2023 ...

Over the last 12 months we have:

- increased our membership to 2004 people
- worked with over 35 local partners
- run more than 50 food-based community events ranging from coffee mornings to community meals
- distributed over 500kg of food





In 2023 the centre was been busier than ever. In the spring we led on the Warm Winter Spaces for Kentish Town. In summer we celebrated the King's Coronation with a fabulous street party. In September we launched the Joy Pot, our 'happiness' project.

In the Autumn we began our Christmas Hamper Drive. In 2023 we sent out over 250 hampers to local schools, made possible thanks to donations from local businesses (Murphys, Carmel Global, Earth) and people who donated through our online giving platform: <a href="https://www.justgiving.com/ktcc">www.justgiving.com/ktcc</a>



#### What's new in 2024

- Brand New Stay and Play on a Thursday in collaboration with Highgate Newtown Community Partnership. Email Nadine: nadinehncc@outlook.com
- Relaunch of the Joy Pot with Torriano Primary School. Email: erin@ktcc.org.uk)
- Community Breakfasts at Kentish Town CoE School. Email: sarah@ktcc.org.uk)
- Relaunch of the Kentish Town Arts Club. Email: alice@ktcc.org.uk)
- Winter Warm Spaces Project. Email: sarah@ktcc.org.uk

Contact Us...

The main office is open Monday to Friday 10am – 4pm. Evening hires run until 9pm.

Call us: 0207 482 3212 Email us: www.ktcc.org.uk

Visit us: Kentish Town Community Centre, 17 Busby Place, NW5 2SP



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#### NEW: Stay and Play on a Thursday

We are excited to announce a new stay and play sessions for Under 5's in partnership with Highgate Newton Community Partnership. The sessions, held here at KTCC, will start in January and will run Thursday in term time from 10am – 11.30pm

For more information, please email: nadinehncc@outlook.com



# Under 5's Stay and Play Thursday 10am - 11.30pm Term Time Only

Kentish Town
Community Centre
17 Busby Place NW5 2SP
0207 482 3212

Contact nadinehncc@outlook.com

Kentish Town Community Centre collaborating with Highgate Newtown Community Partnership



#### **Arts Club at KTCC**

In 2024 we will continue to offer Arts Club events at our centre. We are planning a range of low-cost workshops in which participants can learn a new skill. At the end of each session, participants take home something they have made or can share

#### Forthcoming events:

February - Cheese and wine tasting £5
March - Printing Workshop £7
April - Singing for All £2
May - Printing Workshop £7

Email Alice for more information and to book. alice@ktcc.org.uk

Information about all our community projects can be found on our website: www.ktcc.org.uk



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#### A Focus on Our Hirers

Each week we provide space for local people and voluntary organisations to run classes and sessions at our centre. Some of our hirers use our space weekly, other people run one off sessions. We offer discounts for long term hires. Email Tom (our booking coordinator) for more details: bookings@ktcc.org.uk



#### Patricia Pilates: Wednesday and Thursday (daytime)

Where we use Pilates to create total wellness through stabilising and strengthening our bodies. All levels welcome.

To book or for further information email: patricia-pilates@outlook.com

#### MoreLife: Wednesday from 7pm

At MoreLife, we provide a FREE 12-week psychologically informed weight management programme based on science. Explore topics from nutrition to sleep while understanding the intricate connections between thoughts, emotions, and decisions. For more information, please scan the QR code above or call us on 0333 222 1333.







#### Italian Class: Tuesday and Wednesday 6pm

On Wednesdays at 6pm we will be welcoming Italian with Love in their "The Sounds of Italian" class. As well as learning Italian phonetics this is the perfect opportunity to embrace yourself in the Italian language.

Email info@italianinlove.com for more information.



#### **Guided Pilates: Friday 10am**

"I don't just want you to do the exercises, I want you to really feel them. Get lost in the movement and feel like you are being taken on a journey. A journey where you find more self-awareness, strength, motivation and self-belief."

Emma.pilates@outlook.com

All classes can be found on our website: www.ktcc.org.uk



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#### **Community Notice Board**

We work with lots of local partners to extend the range of opportunities available to our community. These can range from one-off events or regular activities that people can get involved in. If you have activities that you'd like to share, please email Erin on <a href="mailto:erin@ktcc.org.uk">erin@ktcc.org.uk</a>

#### The Recovery College

In 2023 we ran courses as well as events in the Centre. On 18 October we held a Creative Collaboration event. Students and partners joined us to explore our values through interactive activities, engaging with body and mind in a joyful and supportive day. It was attended by staff from North London Mental Health Partnership and co-facilitated by a range of services and the College.



https://www.northlondonmentalhealth.nhs.uk

#### **Shared Lives Camden – Job Opportunity**

Shared Lives are seeking people who have a big heart and are open-minded and want to offer a home in Camden to support people who have additional needs. We then expertly match people and offer full training and support. We offer a starting pay of £25k per year tax-free as well as lots of other benefits.

Please contact us on sharedlives@camden.gov.uk or find out more about us on camden.gov.uk/sharedlives

#### **NEW Community Project: Souper Thursdays**

Every Thursday until Easter we are warming ourselves with tasty soup and crunchy bread between 12noon – 2pm. If we have time we may also throw in a film! Everyone is welcome. If you have any dietary or accessibility needs please call us in advance on 0207 482 3212.

#### **Older People's Project**

Over 2023 we raised our number of Older People's Project members to over 220 people and have hosted a range of events at the centre. In 2024 we will be hosting monthly themed events ranging from flamenco to chocolate tasting. We are also continuing our bi-weekly Silver Swans ballet and Dance Fit classes. If you would like any more information about these events or classes please email alice@ktcc.org.uk





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## Support your local community centre: online donations

If you would like to support the work we do here at KTCC you can donate to us via our Just Giving Page at www.justgiving.com/ktcc

If you would like to make a food donation for our Food Bank, our office is open to receive donations Monday – Friday from 10am until 4pm. We ask that all food is unopened and still within the "use by" date. Thank you for your continued support.



#### **Become A Member!**

Keep up to date with all the latest news and projects and be first to hear of our exciting events. Membership to KTCC is totally free and easy to do. Pop into the centre to fill out a membership form, or email erin@ktcc.org.uk

#### **Community Outreach**

We have secured funding for the continuation of Kentish Town CoE Primary School community breakfast project. The funding has enabled families to enjoy a hot breakfast before school.

This spring we are also working with Torriano Primary School and Brecknock Primary School on the continuation of The Joy Pot. This project asked people: "If we gave you money how would you use it to bring joy to you, your family or friends."

We are also working with Rhyl Primary school on community cookery sessions starting in February 2024.

Our first project with Highgate Newtown Community Centre was our Under 5's project. Across 2024 we are planning on increasing the number of projects we run together.



#### **Have Your Say!**

We would love to hear from members of the local community about how our services and projects could better serve the people of Kentish Town. Have you enjoyed the community meals and would like to see more? Would you like to know more about our exercise classes? Or would you like to see more wellbeing classes. Get in touch by calling 0207 482 3212 or by emailing: centre.manager@ktcc.org.uk

Charity Number: 1104278 / Companies House: 05020050



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#### Changes to our Foodbank

We have been running food services at KTCC since January 2019. We are committed to offering services that fit the needs of the community. So, after talking to local people we are changing the way we run our food service.

From January we are bringing in a new service: The Last Week Project.

The Last Week Project allows local people to access our in-house foodbank during the last full week of each month. Anyone wishing to use the service just needs to register as a member and call us in advance to book a slot. This project support people who experience food hardship that often occur at the end of month when finances get tighter. For more information, please email Sarah on <a href="mailto:sarah@ktcc.org.uk">sarah@ktcc.org.uk</a>

We are still happy to provide foodbank vouchers for the Trussell Trust foodbanks across Camden. Please call in advance so we have time to prepare your voucher. Our number is 020 748 2321.









#### **Childrens Parties at KTCC**

Every Saturday between 12noon – 5pm our Main Hall is available for Children's Parties.

On average we host 3 parties' month. In the past we have hosted parties for children who have just been born right through to teenagers.

You bring the food and decorations; we will offer you a nice welcoming and clean space. The cost of hire is £50 an hour (minimum of 3 hours). The Main Hall has outdoor space. Unfortunately, bouncy castles are not allowed. There is a £100 deposit for each party hire.

Contact Tom via email on bookings@ktcc.org.uk for more details.





Check out our website for full details of our spaces and hire rates. https://www.ktcc.org.uk/room-hire



### **Kentish Town Community Centre**

**Spring Newsletter 2024** 

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# KTCC COST OF LIVING CRISIS APPEAL

Choose to donate today and help us support struggling families in the cost-of-living crisis

£10 will buy a food parcel for one person

£15 will buy a food parcel for two people

£40 will buy a family food and toiletries parcel

Your donation could be the greatest gift you give during this difficult time.

To donate please come to the centre or visit www.justgiving.com/ktcc



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#### **Spaces to Hire**

#### The Main Hall

- \*50 people capacity (depending on activity)
- \*Perfect for meetings and parties
- \*Chairs and tables for adults and children provided
- \*Projector and speaker provided
- \*Access to back garden
- \*10 X 8 Metres
- \*£40 per hour (Saturday rate £50 per hour)





#### The Dance Studio

- \*30 people capacity (depending on activity)
- \*Perfect for dance and fitness classes
- \*Chairs and tables for adults and children provided
- \*Mirrored wall and heated sprung floor
- \*iPod/iPhone dock and speaker provided
- \*10 X 7 Metres
- \*£35 per hour (Saturday rate £50 per hour)

#### The Something Else Room

- \*30 people capacity (depending on activity)
- \*Perfect for birthday parties or meeting
- \*Kitchen facilities
- \* Interconnected Toilets
- \*Access to outdoor space
- \*£40 per hour (Saturday rate £50 per hour)



#### How to find us



We are located at the junction of Busby Place and Torriano Avenue.

- · Nearest Overground Station: Camden Road
- Nearest Tube Station: Tufnell Park
- Nearest National Rail: Kentish Town Station
- Local Busses 29, 253 (Camden Road) 393 (Torriano Avenue) 134, 88 (Kentish Town Road)

We are a fully accessible building. We have no parking.